



MIAMI NW EXPRESS TRACK CLUB

Presents

10th Annual Jesse Holt Invitational

Saturday, March 7, 2026

City of Miami's Moore Park / Jesse Holt Jr Track

765 NW 36th Street, Miami, FL 33127

Order of Events by Group, Age and Time

*** Field Events Begin @ 8:30 AM after Coaches Meeting**

Event:

LJ	Open – Masters / 5 - 6 thru 17 - 18
SP	Open – Masters / 5 - 6 thru 17 – 18
HJ	Open – Masters / 17-18 thru 9 - 10

*** Running Events Begin @ 9:00**

Event:	Division:	Timing:
50m	4 U	Hand
300	4 U thru 5 - 6	Hand
400	7 – 8 thru 17 - 18	Hand/TBD
100	All	Electronic
800	5 – 6 thru 17 - 18	Electronic
4x100	5 – 6 thru 17 - 18	Electronic
1500	7 – 8 thru 17 - 18	Electronic
200	7 – 8 thru 17 - 18	Electronic
4x400	7 – 8 thru 17 - 18	Electronic